



CYPRESS GLEN
— SENIOR LIVING —

Your Weekly Menu

Weisenburger Dining Room

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May 10-16

—: Dining Hours :—

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Lunch

11:30 AM—1:15 PM.

:

Dinner

5:00 pm – 7:45 pm

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—: For Lunch Carry-out Service :—

Please call 7095 before 10:00 AM.

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—: For Dinner Carry-out Service :—

Please call 7095 before 4:00 PM.

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GF (Gluten Free Menu item.)

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BRENT RIGGS, Director of Dining Services

MARK DAVIES, Executive Chef

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Weekly Menu for

MAY 10-16

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APPETIZER:
CHIPS AND QUESO

Daily Breakfast

Items :

Cereals, Assorted
Bacon (GF)
Biscuits
Scrambled Eggs (GF)
Fruit Bar (GF)
Grits (GF)
Oatmeal (GF)
Sausage Patties (GF)
Toast
Turkey Sausage (GF)

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DID YOU KNOW?

WE WILL BE REINTRODUCING
BREAKFAST SERVICE AND THE AL-
WAYS AVAILABLE MENU IN THE
WEISENBURGER DINING ROOM
ONCE WE RETURN TO THE MAIN
KITCHEN!

: MENU DEFINITIONS :

Anniversary Chicken

A savory and creamy chicken dish, that has a rich, complex sauce that's made by combining two unexpected pantry staples: teriyaki sauce and ranch dressing. The result is a slightly sweet, slightly salty, slightly tangy and incredibly creamy dish.

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Baked Ziti with Italian Sausage

Ziti is a smooth, tube-shaped pasta, slightly smaller than rigatoni but larger than penne, its hollow center is ideal for capturing and holding the sauce.

Baked Ziti is a classic Italian-American pasta casserole that combines cooked ziti pasta with a flavorful tomato sauce and various cheeses and Italian sausage.

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California Turkey Club Sandwich

A California club sandwich typically includes toasted bread, turkey or chicken, bacon, avocado, lettuce, tomato, and mayonnaise. It's a variation of the classic club sandwich, with the addition of avocado being a key Californian touch.

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Cherry Delight

Yellow Cake over a creamy filling and cherry filling.

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Down East Clam Chowder

North Carolina coastal variation of clam chowder characterized by its focus on clams and a lighter broth compared to New England-style chowder.

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Dutch Apple Pie

"Dutch apple pie" generally refers to an apple pie with a crumbly streusel topping, rather than a top crust made from pie dough. This topping is made with ingredients like butter, flour, sugar (often brown sugar), and sometimes cinnamon or oats.

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Sunday, May 10

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: MOTHER'S DAY LUNCH :

Berry and Bacon Salad
Mother's Day Chicken Soup

:

Beef Tenderloin with Red Wine Demi-glace

Shrimp and Grits Casserole

:

Buttered Asparagus (GF)

Lemon Garlic Potatoes (GF)

Broccoli and Cauliflower bake

:

Strawberry Rhubarb Pie

Coconut Cake

Carrot Cake

: DINNER :

Mother's Day Chicken Soup

:

Tuna Salad Platter with Pita

Chicken and Rice Casserole

:

Butternut Squash (GF)

Italian Cut Green Beans (GF)

:

Chocolate Cake

Monday, **May 11**

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: LUNCH :

Bean & Bacon Soup (GF)

:

Chicken & Pastry

:

Seasoned Green Beans (GF)

Potato Salad (GF)

:

Strawberry Shortcake

: DINNER :

Bean & Bacon Soup (GF)

:

Barbecued Beef Brisket (GF)

Herb Crusted Pork Loin (GF)

:

Onions & Mushrooms (GF)

Collards (GF)

Corn on the Cob (GF)

:

Tiramisu

Tuesday, **May 12**

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: LUNCH :

Zuppa Toscana (GF)

:

*Hot Open Faced Roast Beef
Sandwich*

*Egg Salad Sandwich on
Croissant*

:

Broccoli (GF)

Fried Potato Wedges

:

Blueberry Pie

: DINNER :

Zuppa Toscana (GF)

:

Italian Meatloaf

Pesto Butter Salmon (GF)

:

*Zucchini with Red Bell Pepper
(GF)*

Asparagus (GF)

*Lentils with Tomato
and Garlic (GF)*

:

Bread Pudding

Wednesday, **May 13**

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: LUNCH :

Down East Clam Chowder

:

Hot Pork Sandwich

Chicken Stir Fry

:

White Rice (GF)

Yellow Squash (GF)

:

Cherry Delight

: DINNER :

Down East Clam Chowder

:

Pork Marsala

Caprese Chicken (GF)

:

Herb & Garlic Farro (GF)

Italian Green Beans (GF)

Maple Glazed Carrots (GF)

:

Dump Cake

Thursday, **May 14**

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: LUNCH :

Corn Chowder

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Hot Dog with Chili & Onions

:

Roasted Brussels Sprouts (GF)

Lima Beans (GF)

Home Fries

with

Onions and Peppers

:

Sweet Potato Pie

: DINNER :

Corn Chowder

:

Shrimp and Sausage

Jambalaya

Chicken Gumbo (GF)

:

Pinto Beans

Mixed Vegetables (GF)

Brown Rice (GF)

:

Dutch Apple Pie

Friday, **May 15**

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: LUNCH :

Tomato Soup (GF)

:

Salmon Cake

Kielbasa with Sauerkraut (GF)

:

Turnip Greens (GF)

Rice Pilaf (GF)

:

Yellow Cake

: DINNER :

Tomato Soup (GF)

:

*Honey Sesame Grilled Chicken
(GF)*

Teriyaki Salmon

:

Broccoli (GF)

Braised Cabbage (GF)

Brown Rice with Edamame (GF)

:

Cherry Pie

Saturday, **May 16**

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: LUNCH :

Vegetable Soup (GF)

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*California Turkey Club
Sandwich*

Roast Pork Loin (GF)

:

Carrots (GF)

Corn O'Brien (GF)

:

Strawberry Cream Pie

: DINNER :

Vegetable Soup (GF)

:

Anniversary Chicken (GF)

*Baked Ziti with
Italian Sausage*

:

Pickled Beets (GF)

White Rice (GF)

:

Pineapple Upside Down Cake